



## STARTERS

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| <b>MIXED MEDITERRANEAN OLIVES</b> V, VGNA, DA, GA           | <b>4.95</b> | <b>CLASSIC PRAWN COCKTAIL</b> DA, GA                                       | <b>8.95</b> |
|   |             | Marie rose sauce & malted tin loaf   |             |
| <b>HOUSE SMOKED CASHEWS AND ALMONDS</b> V, VGNA, DA, GA     | <b>4.95</b> | <b>OVEN BAKED SHELL ON CREVETTES</b> DA, GA                                | <b>8.95</b> |
|   |             | Garlic, lemon & chilli marinade, malted tin loaf                           |             |
| <b>WARM BREAD SELECTION</b> V, VGNA, DA, GA                 | <b>5.95</b> | <b>CRISPY BREADED WHITEBAIT</b> DA   | <b>8.95</b> |
| Balsamic vinegar & olive oil                                |             | Tartare sauce  |             |
| <b>WATERCRESS, PEA &amp; BABY LEEK SOUP</b> V, VGNA, DA, GA | <b>7.95</b> | <b>CRISPY PORK BAO BUN</b> DA  | <b>8.95</b> |
| Malted tin loaf & butter                                    |             | Hoisin & ginger pork belly, pickled vegetables & coriander                 |             |
| <b>WATERMELON, FETA &amp; MINT SALAD</b> V, VGNA, DA, GA    | <b>8.95</b> | <b>LOADED NACHOS</b> V, VGNA, DA   | <b>9.45</b> |
| Mixed leaves & balsamic dressing                            |             | Topped with tomato, red onion & jalapenos, with guacamole & sour cream dip |             |
| <b>HALLOUMI FRIES</b> V, GA                                 | <b>8.95</b> | <b>+CRISPY PORK BELLY</b> 2.50   |             |
| Sweet chilli & lime dip                                     |             | <b>+CAJUN CHICKEN</b> 2.50   |             |

## MAINS

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| <b>FISH &amp; CHIPS</b> DA, GA   | <b>SML 14.95 LRG 19.45</b> |
| Garden peas, chips, lemon & tartare sauce  |                            |
| <b>WHOLETAIL SCAMPI</b> DA, GA   | <b>17.95</b>               |
| Garden peas, tartare Sauce, lemon & chips  |                            |
| <b>COLD SEAFOOD PLATTER</b> DA, GA   | <b>21.95</b>               |
| Smoked trout, mackerel & salmon, Atlantic prawns, mixed leaf salad, lemon mayonnaise, Marie rose sauce and bread rolls |                            |
| <b>PAN FRIED COD LOIN</b> DA, GA   | <b>20.95</b>               |
| Roasted baby potatoes, green beans, herby lemon butter   |                            |

### *Pairs perfectly with..*

Picpoul de Pinet,  
Ormarine Sea Pearl, France

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| <b>GRILLED VEGETABLE &amp; PESTO PIZZA</b> V, VGNA, DA, GA   | <b>15.95</b> |
| Tomato base, mozzarella, chargrilled peppers & courgette, black olives & basil pesto                     |              |
| <b>SPICY CAJUN CHICKEN PIZZA</b> DA, GA  | <b>16.95</b> |
| Tomato base, mozzarella, peppers, red onion, cajun chicken & fresh chilli's                              |              |
| <b>FALAFEL BURGER</b> V, VGNA, DA, GA  | <b>18.45</b> |
| Lettuce, tomato, red onion, cucumber slices, green hummus, fries & ciabatta bun                          |              |
| <b>PULLED SPICED LAMB FLAT BREAD</b> DA  | <b>19.95</b> |
| Moroccan spices, mixed leaf salad, pickled carrot & red onion, sweet chilli sauce & greek minted yoghurt |              |
| <b>ASIAN GLAZED PORK BELLY</b> DA, GA  | <b>19.95</b> |
| Vietnamese salad, sticky rice, sesame seeds & pickled red chilli's                                       |              |
| <b>STEAMED STEAK &amp; ALE SUET PUDDING</b> DA   | <b>19.45</b> |
| Mashed potato, seasonal vegetables & gravy   |              |
| <b>SUFFOLK ROASTED HAM</b> DA, GA  | <b>14.95</b> |
| Sliced roasted ham, chips & fried egg  |              |

## GRILL

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| <b>8OZ RIBEYE STEAK</b> DA, GA   | <b>30.95</b> |
| <b>Choose a garnish</b>  |              |
| Creamy dauphinoise potatoes, vine on cherry tomatoes & tenderstem broccoli |              |
| <b>Or</b>  |              |
| Grilled mushroom, tomato, chips & onion rings                              |              |
| <b>+PEPPERCORN SAUCE</b> 2.50  |              |
| <b>+GARLIC BUTTER</b> 2.50   |              |

### *Recommended pairing..*

Mozzafiato Primitivo, Italy

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| <b>THE COACH 8OZ BEEF BURGER</b> DA, GA  | <b>19.45</b> |
| Lettuce, beef tomato, red onion, burger sauce, pickles, fries & toasted sesame bun |              |
| <b>CHARGRILLED CHICKEN CAESAR BURGER</b> GA, DA                                    | <b>19.45</b> |
| Lettuce, bacon, caesar mayonnaise, parmesan, fries & toasted sesame bun            |              |
| <b>+DOUBLE UP CHICKEN OR BEEF</b> 5.00   |              |
| <b>+BACON</b> 2.00   |              |
| <b>+FRIED EGG</b> 1.50   |              |
| <b>+ONION RINGS</b> 2.00   |              |
| <b>+CHEESE</b> 1.00  |              |
| <b>+HASH BROWN</b> 2.00  |              |

## SIDES

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| <b>CHUNKY CHIPS/FRIES</b> V, VGNA, DA, GA           | <b>4.50</b> |
| <b>CHEESY CHIPS/FRIES</b> V, VGNA, DA, GA           | <b>5.50</b> |
| <b>ONION RINGS</b> V, VGNA, DA, GA                  | <b>5.00</b> |
| <b>SIDE SALAD</b> V, VGNA, DA, GA                   | <b>3.50</b> |
| <b>SEASONAL VEGETABLE SELECTION</b> V, VGNA, DA, GA | <b>4.00</b> |
| <b>COLESLAW</b> V, DA, GA                           | <b>3.50</b> |
| <b>GARLIC BREAD</b> V                               | <b>5.00</b> |
| <b>CHEESY GARLIC BREAD</b> V                        | <b>6.00</b> |

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## CHILDREN'S MENU

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| <b>4oz BEEF BURGER</b> DA, GA<br>Served in a toasted sesame bun & fries<br><b>+CHEESE 1.00</b>     | <b>8.95</b> |
| <b>PROCTORS LINCOLNSHIRE SAUSAGES</b> DA, GA<br>Served with mashed potatoes, peas & gravy          | <b>8.95</b> |
| <b>BREADED WHOLETAIL SCAMPI</b> DA, GA<br>Served with fries, garden peas & tartare                 | <b>8.95</b> |
| <b>VEGAN QUORN SAUSAGES</b> V, VGNA, DA<br>Served with fries & baked beans                         | <b>8.95</b> |
| <b>TOMATO &amp; CHEESE PIZZA</b> V, VGNA, DA<br>Served with cucumber, cherry tomato & mixed leaves | <b>8.95</b> |

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## LIGHT BITES

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ALL SERVED WITH CRISPS, HOUSE SALAD & COLESLAW  
+ UPGRADE TO CHIPS OR FRIES 2.00

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| <b>SUFFOLK ROASTED HAM CIABATTA</b> GA, DA<br>With English mustard               | <b>12.45</b> |
| <b>PRAWN CIABATTA</b> DA, GA<br>With marie rose sauce                            | <b>12.95</b> |
| <b>B.L.T CIABATTA</b> DA, GA<br>With bacon, lettuce & beef tomato                | <b>12.45</b> |
| <b>PROCTORS SAUSAGE CIABATTA</b> DA, GA<br>With stokes red onion chutney         | <b>12.95</b> |
| <b>HUMMUS, &amp; RED PEPPER CIABATTA</b> V, VGNA, DA, GA<br>With crushed avocado | <b>12.45</b> |

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## DESSERTS

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| <b>CRUMBLE</b> V, VGNA, DA, GA<br>Peach & blueberry, served with vanilla custard or vanilla ice-cream                  | <b>SML 5.95 LRG 8.95</b> |
| <b>SUMMER BERRY TRIFLE</b> V<br>Suffolk strawberries, raspberry jelly, vanilla custard & chantilly cream               | <b>8.95</b>              |
| <b>MANGO &amp; KIWI SUNDAE</b> V, GA<br>Layers of mango & fresh kiwi, mango coulis chantilly cream & vanilla ice-cream | <b>SML 6.45 LRG 9.45</b> |
| <b>BLACKBERRY CRÈME BRULEE</b> V, GA<br>Classic set custard & shortbread biscuit                                       | <b>8.95</b>              |

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| <b>BELGIAN CHOCOLATE BROWNIE</b> V, GA<br>Chocolate sauce, biscoff crumb & vanilla ice -cream | <b>SML 5.95 LRG 8.95</b> |
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### *Raise A Glass!*

*something to accompany dessert? a glass of Croft Tawny Reserve Port or Pedro Ximenez Sherry!*

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| <b>SELECTION OF LUXURY ICE-CREAMS</b> V, GA<br>Choose from: vanilla, strawberry, chocolate, mint chocolate chip, rum & raisin, raspberry ripple, vegan vanilla, raspberry sorbet | <b>PER SCOOP 2.50</b> |
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## HOT DRINKS

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### COFFEE

Americano  
Espresso  
Double espresso  
Cappuccino  
Latte  
Iced latte  
Flat white  
Mocha  
Liqueur coffee

### HOT CHOCOLATE

Milk chocolate  
White chocolate  
All served with marshmallows & cream

### ADD SYRUP

Caramel  
Chai

### TEA

English breakfast Tea  
Decaf breakfast Tea  
Earl grey  
Green tea  
Peppermint  
Lemon and ginger

### *Cocktail time?*

*Don't fancy a dessert?  
Have a look at our cocktail menu!*

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## ALLERGENS & INTOLERANCE

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Please speak to a member of staff if you have any allergies, intolerances or require information about our ingredients.

**V** Vegetarian **VGNA** Vegan Adaptable **DA** Dairy Adaptable  
**GA** Gluten Adaptable

As we offer menu items containing all major allergens, please be advised that traces of all allergens may be found in any of our dishes.

Adaptable dish means this dish can be adapted to suit your dietary requirements. Please advise us if you require your dish adapting.

**DON'T FORGET TO CHECK OUT OUR**

## *Specials*